

JSMS Amendments to the Parent Handbook due to ongoing Covid procedures and other important highlights from the parent handbook.

Arrivals: 8:15am – 8:30am

Arrival: Cars should enter Julia Street from Annandale for both drop off.

When arriving at school pull up as far as you can and get your child out of the car. A teacher will take your temperature and your child's. Once the temperature has been checked the teacher will then complete a daily health screening by asking a number of questions about the health of both the child and family members.

We ask that parents are masked at drop off and pick up until further notice.

Pick Up: Half day 12:30pm – 12:45pm

Full Day 2:50pm – 3:05pm

When picking your child up, pull into the car line and the teacher will meet with you with your child. Please get out of the car to retrieve your child.

Lunch: Please send your child a balanced lunch in a lunch box labeled with your child's name on it. Please sign and turn in a Nutrition Opt-Out Form included in your packet of papers to be signed.

Milk: We provide organic cows milk at lunch if you do not want your child to drink milk please let us know.

Water Bottle: Please send in a water bottle daily filled with fresh water labeled with your child's name and date.

Snack: A nutritious morning snack will be offered to all children. The snack will encompass 2 to 3 different food groups.

Families are invited to share in snack choices by taking home our snack basket once a year. Families will be given the option to sign up to take the snack basket home. In the bottom of the basket are some suggestions you may follow. Shopping together with your child for these snacks is a wonderful way to teach the joy of sharing to your child. Remember participation is completely a choice on your part. We will be in touch with a sign up procedure.

Special Note: We have children enrolled with severe nut allergies. In order to safeguard these children we are a nut free environment.

Medications: If your child needs medication including anything topical you will need to fill out a permission slip.

We will be using hand sanitizer when necessary and if you choose to let your child use hand sanitizer we will have permission form for you to fill out.

Rest: JSMS will provide sheets and blankets each day for your child they will be cleaned weekly. Your child will use the same sheets and blanket for the week. At this time no stuffed animals.

Letter of the Week:

Each week we will be learning the letter sound that corresponds with the letter for the week. Students will bring one item to share on Friday. Please remind your child that this item will stay on our sharing tray until that time. Sharing day is always on Friday, we ask you to coordinate to the sound of the week. We display the letter of the week on Monday, on the sidewalk board in the driveway.

Photo Release: For Instagram and use on our website.

Use of Masks: Teachers will be wearing masks except when eating, drinking, or taking a break away from children or when outside.

If you wish for your child to wear a mask please label it with their name on it. Be sure to send a clean one each day.

You can view **classroom gallery of pictures** that are updated weekly on our [Shutterfly](#) Username - montessorij15@gmail.com
Password - Montessori400

Please follow us on **Instagram**

<http://https://www.instagram.com/juliastmontessori/?hl=en>

Exclusion Policy and Covid:

When exclusion is required per state guidelines from NC Public Health Toolkit updated July 29th 2021.

- The staff member or child has fever (temperature of 100.4 degrees Fahrenheit or higher)
- Chills

- Shortness of breathing/difficulty breathing
- New cough
- New loss of taste or smell
- The child is unable to participate comfortably in activities.
- The child's symptoms result in a need for care that is greater than the staff members can provide without compromising the health and safety of other children.
- The child has two or more episodes of vomiting within a 12-hour period or more than two stools above the child's normal pattern and diarrhea is not contained by a diaper or when toilet-trained children are having accidents.

In addition, the presence of any of the symptoms below, suggests the person may need to be tested for COVID-19:

- Sore throat
- Diarrhea
- Nausea/vomiting
- New onset of severe headache, especially with a fever

This list does not include all possible COVID-19 symptoms. Individuals with the virus that causes COVID-19 may experience any, all, or none of these symptoms.

If your child experiences any of these symptoms during the day we will stay with them and isolate them from the other children.

Quarantine guidelines per NC Public Health Toolkit updated July 29

Local public health departments make the final decisions about isolation requirements for individuals who test positive for COVID-19 whether individuals who have been exposed need to quarantine and how long quarantine should last in the communities they serve, based on local conditions and needs.

Quarantine is required for an individual who has been a close contact (within 6 feet for at least 15 minutes cumulatively over a 24-hour period) of someone who is determined positive with COVID-19 either through testing or symptom consistent diagnosis, with the following three exceptions:

- Individuals who are fully vaccinated and do not have symptoms do NOT need to quarantine after a close contact. However, they should get tested 3-5 days after exposure and wear a mask around others until they get a negative test result.
- People who have tested positive for COVID-19 within the past 3 months and recovered and do not have symptoms do **NOT** have to quarantine.
- Children who are not fully vaccinated after a close contact in a child care setting if masks were being worn appropriately and consistently by both the person with

COVID-19 and the potentially exposed person do **NOT** need to quarantine. This is based on updated CDC guidance and studies that have shown extremely low risk of COVID-19 transmission in classroom settings when face masks were being used appropriately by both the person with COVID-19 and the potentially exposed person, as well as multiple layers of prevention measures in place to prevent transmission in school settings. This exception does not apply to staff or other adults in the indoor child care setting.

Unless an exception applies, the CDC continues to recommend quarantine for 14 days after last exposure. CDC has offered options to reduce the duration of quarantine, if the local public health department recommends quarantine and allows reduced quarantine. If quarantine is reduced to less than 14 days, the individual must continue to monitor for symptoms daily and strictly adhere to interventions intended to reduce the spread of COVID-19, including wearing a face covering at all times and practicing physical distancing until 14 days have past since the date of last exposure.

If an individual can strictly adhere to interventions to reduce spread, options to reduce the duration of quarantine are available in either of the following two scenarios:

- 10 days of quarantine have been completed and no symptoms have been reported during daily monitoring;
- 7 days of quarantine have been completed, no symptoms have been reported during daily monitoring, and the individual has received results of a negative PCR/molecular test on a test taken no earlier than day 5 of quarantine.